

# Smith Animal Hospital

(478) 987-1514

## **SPAY/NEUTER DISCHARGE INSTRUCTIONS**

Today, your pet had a surgical procedure to remove their internal (spay/ovariohysterectomy) or external (neuter) reproductive organs. They had general anesthesia today. Please review the following instructions to provide the best surgical recovery for your pet.

### **Medications/Treatments:**

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### **Feeding:**

Give half the normal amount of food and water tonight. They can return to the normal amount tomorrow.

### **Exercise:**

Restricted to **quiet**, indoor activity and leash walks only for 10-14 days after surgery (**No rough play**). No bathing or grooming until his incision has completely healed. **No ointment use.**

### **Follow-up Care:**

Please schedule a recheck appointment in **7 DAYS** for external suture removal.

### **Additional Instructions:**

- **Please check the incision twice daily.** Monitor the incision for swelling, discharges (blood, pus, serum), edges of the incision opening up, or signs of pain. If you notice any of these symptoms please call us.
- **They WILL need to wear an E-Collar/Pro collar to prevent him from licking or chewing the incision.** You can pick one of these up from us at a later time if needed.
- Your pet has had anesthesia or sedation today. They may be mildly sedate for up to 24 hours but should be able to walk and should be responsive. They may be vocal and whine. It could be up to one week before she is entirely back to her normal self.
- Your pet may not want to eat for up to 24 hours after anesthesia/sedation. Do not feed any food for 2 hours after you get home. Then you may feed a small meal (approx.  $\frac{1}{4}$  –  $\frac{1}{2}$  of a usual meal).
  - Sometimes anesthesia/sedation can cause some gastrointestinal upset. If your pet has more than 1 or 2 episodes of vomiting or diarrhea, or if your pet will not eat after 24 hours please contact us.
- It is best to let your pet rest tonight, no major exercise or stimulation from the family at home. They will want to sleep.
- If your pet seems excessively sedate or is not responsive to you like normal, please call or have him/her seen by a vet. Please call if you feel she is lethargic or behaving abnormally any time this week.

I acknowledge that these instructions have been explained to me and that I will follow the veterinarian's directions as listed above. I also acknowledge that I may call and speak to someone during regular business hours if I have any questions or concerns about my pet's health. If an afterhours emergency occurs, please direct questions to the Middle Georgia Veterinary Emergency Center located at 4798 Russell Parkway, Warner Robins, GA. Tele: (478) 997-6677